



NEW MORNING TRUST NEWSLETTER

March - November 2024

SETTING FOUNDATIONS & EMPOWERING LIVES

Welcome to the inaugural edition of the New Morning Trust Newsletter!

After being “NewMorning” group of counsellors for over 3 years, today we are a team of 16 volunteers, of whom 9 play various roles in the functioning of the trust in addition to the regular volunteering activities. We are thrilled to share the milestones we've achieved and the impactful work we've undertaken since our establishment as a trust in March 2024. We aim to empower underprivileged children through mental health counselling, life skills training, career guidance, and social and emotional development workshops.



“THE DAWN OF NEW MORNING”

On March 5, 2024, *New Morning Trust* was officially registered, marking the beginning of our journey towards making a meaningful difference in the lives of underprivileged children.



OUR TRUSTEES

Elizabeth Thomas

Lipika Phani

Malathi CN

Manjula Rajendran

Mili Chakraborty

Ritu Sharma

Sangavi Nandakumar

Shobha SV

“A new morning, a brighter future—empowering dreams for every child”

UNITED IN PURPOSE: OUR PARTNERS

BUILDING BLOCKS INDIA

Our partner for over three years.

Focus Areas:

- Life Skills Training
- Career Counselling
- Emotional Counselling

Key programs

- Sessions on Leadership, team building, problem solving, building self esteem, managing anxiety and anger and self Regulation.



AARAMBH FOUNDATION

Our partner for over 2 years, we are working with Huledanahalli Govt Aided School, Tekal, that is supported by Aarambh

Focus Areas:

- Life Skills Training
- Career Counselling
- Emotional Counselling

Key programs

- Effective communication, Anger management
- Handling exam stress, Study tips
- Career guidance



ASHALAYA TRUST

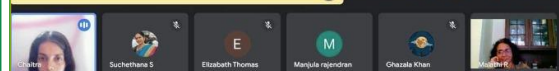
Our partner for over two years.

Focus Areas:

- Life Skills Training

Key programs

- Effective communication
- Being Assertive
- Building Self-Esteem
- Goal Setting
- Time Management
- Stress Management
- Anger Management



GUBBACHI LEARNING COMMUNITY

Our newest partner.

Focus Areas:

- Life Skills Training
- Emotional Counselling

Key programs

- Life skills sessions adapted to the needs of migrant children
- Emotional counselling to address their anger, behavioral and relationship issues



"With every sunrise, we light the way to brighter dreams"

OUR VOLUNTEERS/CORE TEAM MEMBERS



AYESHA DAWSON



CHAITRA



FLORA



GAZALA



LATA RAI [CORE TEAM]



NIDHI SAXENA



SHILPA SHRINI



SUCHETHANA

Our committed and dedicated team of volunteers have been working tirelessly and have contributed immensely towards empowering the underprivileged children. NewMorning Trust is blessed to have such an amazing team.

FEEDBACK FROM STUDENTS & PARTNERS

“I learnt many things, like how to control my anger, earlier I did not know how to. You have taught us many useful things. Thank you.”

- Student of BuildingBlocks

“We always have been working on the academic development of our students. But this is a great step forward in their personality development. This is very much needed.”

- James Ambat, Founder,
BuildingBlocks India

“The NewMorning team took the initiative to explain concepts such as self-esteem, stress management, time management, anger management, and communication & goal setting in a simplistic manner through many examples, case studies and exercises.

- Student of Ashalaya

“Thank you for introducing topics like anger management & communication for our students. It is very useful not just for the students but for our teachers and staff too benefit from it. The visits by the team inspire and motivate the students. The 1:1 counselling helped the student a lot.”

- Mr.Swamy, Principal, Govt Aided School, Tekal

“Every day is a chance to make dreams come true.”

SPECIAL THANKS TO OUR FIRST DONOR

New Morning team profusely thanks Mrs. Ishita Seth for being the first donor for our Trust and supporting us in the journey of reaching out to the underprivileged students for their Emotional Well-being as part of our Volunteering activities.



ACKNOWLEDGEMENTS

We extend our heartfelt gratitude to our partners & supporters, Mr James Suresh Ambat (Founder, BuildingBlocks India), Mr Krishnakumar (Founder, Aarambh Foundation), Mr Swamy (Principal of Huledanahalli Govt. Aided School, Tekal), Sister Bindu Jose (Ashalaya Trust), Ms Nomita, Ms Somya and Ms Preethy (Co-Founders, Gubbachi Learning Community) who have believed in our mission.

HIGHLIGHTS

43	Number of life skills sessions held	23	Number of students who have undergone counselling
343	Number of students who have undergone life skills sessions	01	Number of career counselling group sessions held
112	Number of counselling sessions	88	Number of students who have undergone career counselling

We are excited about the future and remain committed to expanding our reach and impact.

Stay tuned for more updates on our upcoming projects and initiatives aimed at empowering more young lives.

Contact Us:

Email: info@newmornings.in

Website: <https://newmornings.in>

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"Together, we turn each sunrise into a spark of transformation."